

Supplementary Material

Supplementary Table 1: Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist

No	Item	Guide questions/description	Answers
Domain 1:			
Research team and reflexivity			
Personal Characteristics			
1.	Interviewer/facilitator	Which author/s conducted the interview or focus group?	RS conducted all interviews
2.	Credentials	What were the researcher's credentials? <i>E.g. PhD, MD</i>	MSc
3.	Occupation	What was their occupation at the time of the study?	PhD student
4.	Gender	Was the researcher male or female?	Female
5.	Experience and training	What experience or training did the researcher have?	The researcher followed several qualitative research courses, courses on interviewing techniques. Also, RS conducted a previous qualitative study with older patients.(The gerontologist, 2018)
Relationship with participants			
6.	Relationship established	Was a relationship established prior to study commencement?	No
7.	Participant knowledge of the interviewer	What did the participants know about the researcher? <i>e.g. personal goals, reasons for doing the research</i>	The reason for doing research; gaining insight into patient goals. Also, the participants knew the researcher's affiliation.
8.	Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? <i>e.g. Bias, assumptions, reasons and interests in the research topic</i>	No further characteristics were reported than researcher's affiliation.

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Domain 2: study design			
Theoretical framework			
9.	Methodological orientation and Theory	What methodological orientation was stated to underpin the study? <i>e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis</i>	Thematic analysis
Participant selection			
10.	Sampling	How were participants selected? <i>e.g. purposive, convenience, consecutive, snowball</i>	Purposive sampling
11.	Method of approach	How were participants approached? <i>e.g. face-to-face, telephone, mail, email</i>	Face –to-face during a home visit of the district nurse, professionals via email.
12.	Sample size	How many participants were in the study?	10 older patients, 7 professionals.
13.	Non-participation	How many people refused to participate or dropped out? Reasons?	None
Setting			
14.	Setting of data collection	Where was the data collected? <i>e.g. home, clinic, workplace</i>	Patient's home
15.	Presence of non-participants	Was anyone else present besides the participants and researchers?	During six interviews patient's partner was present.
16.	Description of sample	What are the important characteristics of the sample? <i>e.g. demographic data, date</i>	Older geriatric rehabilitation patients (age above 70) and professionals working at the geriatric rehabilitation center.
Data collection			
17.	Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	A interview guide was developed by two authors (RS, SS). Through semi-structured interviews, the interviewee is able to express his or her own

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			feelings and thoughts in a thorough way. These were used for both geriatric patients and professionals. The interview guides were pilot tested.
18.	Repeat interviews	Were repeat interviews carried out? If yes, how many?	No
19.	Audio/visual recording	Did the research use audio or visual recording to collect the data?	Audio recorded
20.	Field notes	Were field notes made during and/or after the interview or focus group?	Yes, notes were made during the interviews, to ensure that everything was discussed during the interviews and to be able to summarize the interviews immediately after the interviews. However, this is not the same as qualitative field notes, as term is specifically used to denote data used for qualitative analyses *Taylor, Bogdan & Devaul (2015).
21.	Duration	What was the duration of the interviews or focus group?	1.5 and 3 hours
22.	Data saturation	Was data saturation discussed?	We did not consider data saturation for the purpose of this study.
23.	Transcripts returned	Were transcripts returned to participants for comment and/or correction?	Due to pragmatic reasons (older patients without email address) transcripts were not returned. , a member check with the participants was not conducted according to the standard procedure, i.e. by providing a written summary, but the interviews were immediately verbally summarized and discussed with the patient. Written summaries were sent to professionals.
Domain 3: analysis and findingsz			
Data analysis			

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24.	Number of data coders	How many data coders coded the data?	One (RS) and codes were thoroughly discussed with the research team during data analysis.
25.	Description of the coding tree	Did authors provide a description of the coding tree?	Yes
26.	Derivation of themes	Were themes identified in advance or derived from the data?	Derived from data
27.	Software	What software, if applicable, was used to manage the data?	Transcripts were coded in Microsoft Word.
28.	Participant checking	Did participants provide feedback on the findings?	The professionals in the interviews did. The patient who were interviewed for patient goals did not provide feedback on the findings.
Reporting			
29.	Quotations presented	Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. <i>participant number</i>	Yes
30.	Data and findings consistent	Was there consistency between the data presented and the findings?	Yes
31.	Clarity of major themes	Were major themes clearly presented in the findings?	Yes
32.	Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes?	Yes